

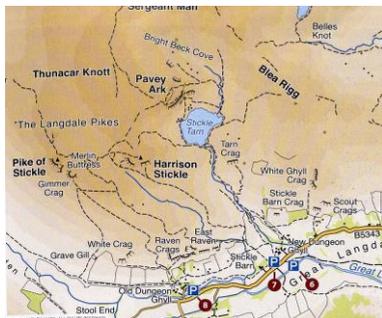


Lakeland Revival 2017



“Good on Yer”, Pavey Ark: *Capella* and *Poker Face*, 137m E1 5b

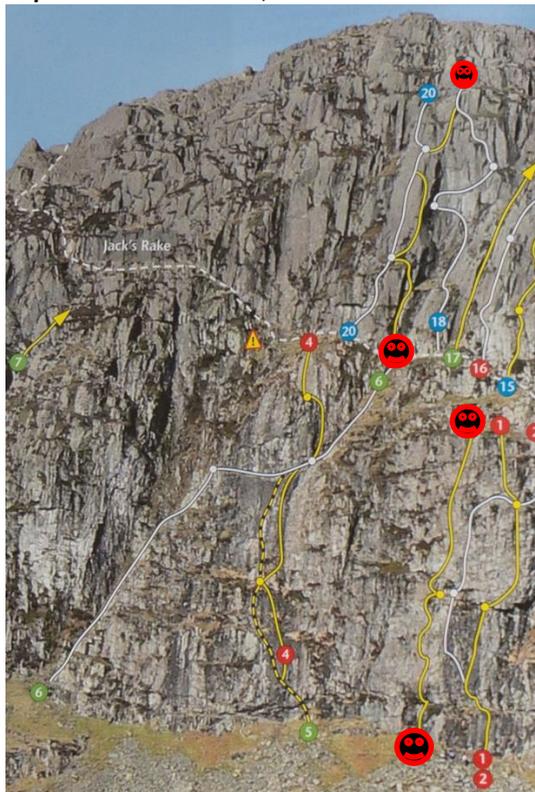
Approach: 55 mins



Stroll up the true left side (right as you face it) of the stream that falls from Stickle Tarn, skirt the left side of this and head to the base of the crag. This combination gives a tremendous way up the crag with the added bonus of day long sun.

Descent

Either by Jack's Rake or the large scree gully on the right side of the crag. Either way is painful in tight rock shoes!



The start and finish of each route is marked by 

If there is a queue why not try the *Arcturus/Golden Slipper* combination at E2 5b (lines 2 and 20 respectively)? This is HVS except for a short section on Arcturus pitch 1.

Warning: You climb at your own risk. You are the sole judge of conditions, the suitability of any chosen route, the ability of the party and you take sole responsibility for your actions. Climbing is a dangerous activity carrying the risk of serious injury or death. If you climb the presumption is that you are aware of and accept these risks together with responsibility for your activities. Neither the FRCC, Arcteryx nor anyone involved with the production of this card can be held responsible for any omissions or mistakes, nor liable for any personal or third party injuries or damage, howsoever caused, arising from its use. **Copyright FRCC, may not be reproduced without prior permission**

Capella**70m E1 5b *****

GLSwainbank, C Read. 10 Aug 1997

Well protected with good rock and interesting climbing. Start below a prominent birch tree growing out of the base of the initial overhang. The tree is not require for progress and is suffering from overuse – treat it with respect.

1 32m 5b Gain the niche like overhung ledge on the right side of the tree. Use holds on the left to gain the lip of the overhang. Follow the pocketed crack-line trending rightwards up the wall for 4m then traverse left for 2m (missing the traverse by climbing straight up increases the difficulty), continue directly past a good flake and ledge, then diagonally right to beneath a steepening wall. Climb the right side of this and pull up left to a ledge. Move up to a ledge with a holly belay.

2 38m 5b Starting left of the tree, climb the shallow groove on its left side and gain the steep wall above. Move rightwards into a short left-facing corner and climb it to a good ledge on the right. Go up left to another ledge. Move up rightwards and climb a fingery wall to a large flake. From its top, enter a shallow corner and follow it to the top. Step left to belay on nuts and a peg.

The start of Poker Face lies up and to the left, about 10m beyond the prominent chimney (Gwynne's Chimney, Topo 17)

Poker Face**67m E1 5b ****

JA Austin, K/Wood 16 July 1966

Excellent climbing up the slim wishbone-shaped groove splitting the left arête overlooking a large corner (*Troll's Corner*). The sense of exposure in the groove is offset by the superb protection. Start 10m left of *Gwynne's Chimney*, just right of the tricky step in Jack's Rake.

1 25m 4b Go up easily to a ledge on the left. Climb the slabby corner, past a holly, to another ledge with a large block on the left. Climb straight up from the block and after about 5m traverse left to belay.

2 24m 5b Slabby rock leads up right into the thin groove on the edge of the buttress. Climb the groove until it steepens considerably about 3m below the top. Make a difficult move left onto *Golden Slipper* and follow this up to a large ledge. The groove can be followed in its entirety but this is slightly harder.

3 18m 4c Climb the right-hand rib above the stance with an awkward move to start its upper part.

(n.b. If pitch 1 is damp you can use the first pitch of *Golden Pillar* which starts a few metres further left at an easy ramp which is followed to a ledge. Then go directly up steep rock to the belay.

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