

THRANG CRAG, LANGDALE

Thrang Crag West (See also website file Langdale New Climbs 2013 – 2016 for FA details and technical grades).



1. Dust Bunny	15m	D
2. Clone	16m	S
3. Mitosis	17m	VS
4. Random Drift	22m	HVS
4a Coke Can Katie	21m	HVS
4b Fangdango	20m	VS

Start 9 m right of *Random Drift* in the obvious cave. Climb up to the cave roof and make a strenuous move onto the smooth right wall to gain a ledge. Continue direct trending to the right of a clump of heather up a v-groove on good holds. Continue the rib above to the top.

4c Fang 21m VD

Start 1 m right of *Fangdango* on the large triangular fang shaped block that is separated from the crag. Climb the 'fang' and continue up the separated blocks to gain a ledge. Continue direct up a v-groove on good holds then the rib above to the top.

5. Gene Genie	18m	MVS
5a Nurture	22m	HS



6. Old Genes	14m	S
7. Norman's Route	17m	S
7a Not the Norm	18m	VS
8. Selfish Gene	17m	E1
9. Mutation	15m	VS
9.a A Dream of White Houses	25m	HVS
10. Evolution	16m	HVS
11. Natural Selection	15m	VS



12. Full Circle	24m	S
13. Elemental	23m	S
14. Scorchio	18m	S

Thrang Crag East

A small semi quarried buttress 20 metres up and right of Thrang Crag. The buttress sports three short sustained pitches on good south facing rock.



1. Frantic E1 5b
Start left of the V groove in the centre of the crag
2. Frunobulax E1 5b
Start right of Frantic at the large open groove
3. Frenzy HVS 5a
The obvious hanging slab on the right side of the buttress
- 3a Friction 11m VS 4c *
Start 2 metres left of *Global Warming* below a thin V crack. Climb the short, steep crack on good holds to emerge at a junction with *Frenzy*. Move right up a gentle slab to finish up a groove in the steep wall
4. Global Warming VS 4c
The right hand flying rib. Start at a small recess below a thin right slanting crack. Steep climbing passing a good spike leads to excellent holds in a left slanting crack, swing right and follow the steep wall and leftwards trending ramp to gain the crest of the rib.