Green How

OS Ref: SD 248 999 Alt: 480m

This group of dispersed outcrops of clean and rough rock with an elevated outlook are really rather pleasant. The main difficulty is getting to them!

Approach

There are two possible approaches to Green How -

Park at the bottom of the Walna Scar Road and follow the Seathwaite Tarn gravel track. Cross the dam and aim for the top of craggy Loft Rigg How to the north west; contouring the hillside northwards gets you to the crag. A 1:25,000 map is very useful.

A far quicker approach is to park at SD 237996 (space for 2-3 vehicles) at a triangular widening and forest access gate 200m up the valley from the Foresty Commission car park. Walk along the track till it fades out at a clearing / turning head, then head uphill for 50m to a stile over the forest fence. A good path runs along the fellside above the stone wall. Follow this northwards until tracks lead up through the bracken below Looking How. Take a map as <u>Green How</u> is not visible until you get above the steeper initial slope and onto the bracken free hillside.

Green How North

TRADITIONAL Uphill 60 mins SOUTH facing 👫



How Green is My Valley S 30m
Avoid the initial crack on the left. The crack is way harder and a sandbag! The upper groove is pleasant.
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30m south is:
2 The Cistercian Way VS 4c 22m
Pleasant slab climbing all the way. Thin on gear.
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Grey Friar HS 4a 24m
10m 4a The delicate ramp and slab.
14m 4a Traverse right and follow the crack above.
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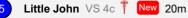
4 Fat Fryer VS 22m

After the thin slab gear is found, easing the tension for the finishing moves. 07.06.2017 A Phizacklea, JL Holden *



Grades

11



Takes the wall and groove just right of *Fat Friar*.

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6 Dominican Republic VS 4b 22m

Climb the slab and fearlessly move past the perched block. After a couple of metres, break back right onto the upper slab. Starting further left, to climb just left of the perched blocks, makes the route a pleasant MS.

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7 Dominican Direct HVS 5b 🕇 New 20m

Start just right of *Dominican Republic* and take a direct line up the headwall via a stiff jamming crack. 06.2021 T Rogers, R Graham

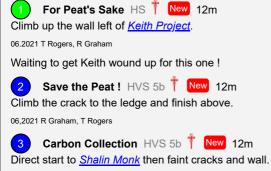
8 Spare Rib VD The pleasant rib on the right. 06.2021 T Rogers, R Graham

Green How South - aka Peat Hills

Introduction

120m south is Green How South. A lovely clean wall with the remains of an old sheepfold to its right.





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The Shaolin Monk E1 5b 12m Thin hard climbing diagonally left to get established in the crack. Follow it to the top. 07.06.2017 A Phizacklea, JL Holden



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Green How Lower



